

# PEER CONSULTATION GROUPS



PRO BONO  
COUNSELING®

Your Mental Health Connection

## General Consultation and Peer Support

Meets Virtually on  
First Mondays 3:00  
- 4:00 PM and Third  
Wednesdays 2:00 -  
3:00 PM

Led by Anne Devaughn, LCSW-C, a Pro Bono Counseling volunteer since 2009  
Open to Pro Bono Counseling Volunteers  
If interested, email [AnneDevaughn@aol.com](mailto:AnneDevaughn@aol.com) to be added to Zoom invitation list.

## Trauma Consultation

Meets Virtually  
Monthly on the  
Third Thursday  
each month  
7:00 - 8:00 PM

Led by Bethan McGarry, LCSW-C, a Pro Bono Counseling volunteer since 2022  
Open to Pro Bono Counseling Volunteers - Limited spaces available due to demand.  
If interested, email PBC Outreach Manager [YSwain@ProBonoCounseling.org](mailto:YSwain@ProBonoCounseling.org) to inquire about availability.

## Supervisor Support Consultation Group

Meets Virtually  
Monthly First  
Monday of each  
month from  
12:00 - 1:00 PM

Led by Vernon 'Skip' Krause, LCSW-C  
Open to Pro Bono Counseling Supervising Volunteers - Limited spaces available due to demand.  
If interested, email PBC Outreach Manager [YSwain@ProBonoCounseling.org](mailto:YSwain@ProBonoCounseling.org) to inquire about availability.

## Harambee Support Group

Meets Virtually  
Monthly on Last  
Friday from  
12:00 - 1:00 PM

Led by Pro Bono Counseling Volunteers Tanya Bryant-Nickens, LCSW-C, and NaTasha Benjamin, LCPC  
Open to Pro Bono Counseling Volunteers who identify as Black or African American.  
If interested, email PBC Outreach Manager [YSwain@ProBonoCounseling.org](mailto:YSwain@ProBonoCounseling.org) to inquire about availability.

## Bios:

### **Vernon 'Skip' Krause, LCSW-C**

Vernon 'Skip' Krause, LCSW-C, has over 35 years of experience as a clinical social worker, supervisor, and psychotherapist. The last 8 years have been devoted solely to clinical supervision and education. He provides mentoring and supervision to licensed counselors with many years of experience, those with a graduate license as well as student interns. Modalities taught and supervised include Psychodynamic, Person Centered, CBT (cognitive/behavioral), ACT (acceptance and commitment), IPT (Interpersonal) and Family Systems. He is known for his passion for developing an understanding of clients based on applicable theories as the foundation for clinical work. Skip has been a volunteer with PBC since 2022.

### **Bethan McGarry , LCSW-C**

Bethan McGarry (she/they) is a Licensed Clinical Social Worker, enthusiastic Baltimore City resident, and committed lifelong learner. Bethan has worked in settings from elementary school to in-patient psychiatry unit, and through in-depth experience in crisis care feels strongly that trauma-informed and person-centered connection is a vital path to healing at both an individual and a structural level. Bethan is committed to providing unconditional regard and a growth mindset in their therapeutic partnership, and enjoys supporting adolescents, adults, couples, and families in navigating life transitions and periods of adjustment. They strive to provide culturally responsive care to a wide range of individuals seeking counseling support. Bethan is committed to anti-racist, anti-oppressive, and LGBTQ-affirming care and brings both a systems-analysis and spiritual lens to therapeutic work. Bethan enjoys YA fiction, crossword puzzles, and coffee shops within walking distance, and has been gratefully involved with PBC since fall 2022 as a volunteer clinician, trauma consult group participant, and now peer group co-facilitator.

## Bios:

### **Tanya Bryant-Nickens, LCSW-C**

Tanya Bryant-Nickens is a clinical social worker (LCSW-C, LCSW), licensed in MD and VA, and is a certified Employee Assistance Professional (CEAP). She provides work-policy, mental health support and short-term counseling as an EAP counselor at a federal agency and serves as an integral member of its crisis response team. Tanya has worked with professionals in many industries for more than 15 years including the military, physicians, law enforcement personnel, journalists, and many other jobs that require exposure to trauma in the workplace. Tanya has her own practice where she serves individual professionals and couples dealing with trauma. Tanya is a mentor to new social workers, a wife, stepmother and Godmother and an avid Baltimore Ravens' fan.

### **NaTasha Benjamin, LCPC**

NaTasha Benjamin is a Licensed Clinical Professional Counselor (LCPC), Certified Perinatal Mental Health clinician (PMH-C) and approved Clinical Supervisor. NaTasha has 20+ years of cumulative experience working in a variety of capacities serving individuals, families, and couples through difficulties experienced with mental health; starting in North Carolina and now in Maryland. NaTasha's difficult journey towards motherhood shifted her focus towards holistic wellness for BIPOC mothers, birthing individuals, and families as a PMH-C, full circle doula, meditation teacher, Reiki practitioner, and yoga instructor. NaTasha currently works as Lead Therapist for Black Girl Health Foundation, Inc.; focused on creating pathways to help women and girls of color improve their health through engagement, education, and empowerment. NaTasha is also a Board member for Stillbirth Awareness and Infant Loss Support (SAILS), a non-profit organization dedicated to helping those who have lost their child by letting them know they are not alone. Lastly, NaTasha has been an active volunteer clinician and clinical supervisor with Pro Bono Counseling since April 2022.