



PRO BONO COUNSELING®

Your Mental Health Connection

YOUR MENTAL HEALTH CONNECTION FOR OVER 30 YEARS

Access to quality mental health care is a human right and can change a person's life. Pro Bono Counseling's goal is to help people of all backgrounds in Maryland find the right mental health professional to meet their needs, no matter their income.

FREE THERAPY

Is a phone call away -- If you are sad, stressed, are grieving, or want to make a change in your life, call 410.825.1001 today.

Pro Bono Counseling assists families, couples and individuals of all ages throughout Maryland.

HOW DOES IT WORK?

Step #1

Call Pro Bono Counseling at 410.825.1001.



Step #2

Participate in a short, confidential phone screening.



Step #3

Connect to a licensed volunteer counselor or other resources.



MISSION

Pro Bono Counseling's mission is to remove barriers and provide relief by connecting Marylanders to mental health support.

VISION

Pro Bono Counseling envisions a future where everyone has access to quality mental health care.

VALUES

The work of Pro Bono Counseling is guided by our dedication to regard all people with the utmost respect and dignity and conduct ourselves with honesty, compassion, and empathy. We are committed to social justice and equity as we support and serve the needs of Maryland's diverse communities. The culture of Pro Bono Counseling is collaborative, and we strive to provide the highest quality services through continual growth, education, and improvement.