

PEER CONSULTATION GROUPS



PRO BONO
COUNSELING®

Your Mental Health Connection

General Consultation and Peer Support

Meets Virtually on
First Mondays 3:00
- 4:00 PM and Third
Wednesdays 2:00 -
3:00 PM

Led by Anne Devaughn, LCSW-C, a Pro Bono Counseling volunteer since 2009

Open to Pro Bono Counseling Volunteers

If interested, email AnneDevaughn@aol.com to be added to Zoom invitation list.

Trauma Consultation

Meets Virtually
Monthly on the
Third Thursday
each month
7:00 - 8:00 PM

Led by Bethan McGarry, LCSW-C, a Pro Bono Counseling volunteer since 2022

Open to Pro Bono Counseling Volunteers - Limited spaces available due to demand.

If interested, email PBC Outreach Coordinator YSwain@ProBonoCounseling.org to inquire about availability.

Supervisor Support Consultation Group

Meets Virtually
Monthly First
Monday of each
month from
12:00 - 1:00 PM

Led by Harriet Mauer, LCSW

Open to Pro Bono Counseling Supervising Volunteers - Limited spaces available due to demand.

If interested, email PBC Outreach Coordinator YSwain@ProBonoCounseling.org to inquire about availability.

Harambee Support Group

Meets Virtually
Monthly on Last
Friday from
12:00 - 1:00 PM

Led by Pro Bono Counseling Volunteers Tanya Bryant-Nickens, LCSW-C, and NaTasha Benjamin, LCPC

Open to Pro Bono Counseling Volunteers who identify as Black or African American.

If interested, email PBC Outreach Coordinator YSwain@ProBonoCounseling.org to inquire about availability.

Bios:

Harriet Mauer, LCSW

Harriet Mauer, LCSW in New York, is a retired social worker with significant clinical and supervisory experience. She has over 50 years of rich experience supervising clinicians and providing therapy to children, adolescents, young adults, and families through Good Shepherd Services in New York City (NYC), which is a youth development agency serving over 30,000 youth and families in NYC annually. Later, as the Director of Social Services Residential Services, she participated in various advisory groups pertaining to workforce and life-skill development, youth aging-out of foster care challenges, and trauma-related issues. In this role, she was a certified instructor for masters-level social work student interns. She has provided clinical supervision to approximately 1000 clinicians and clinician supervisors throughout her career. Most recently, over the past 12 years since retiring, she continues to do some clinical supervision and mentoring of social work interns, clinical providers and clinical supervisors/administrative staff. Harriet shared, "I am interested in volunteering with PBC [through leading a consultation group] because I value its mission and target populations. Additionally, while I have had many varied tasks and roles over my career, clinical supervision is one of the primary areas that I most enjoy and feel a meaningful level of competence to support and enable competency and empowerment in other social workers."

Bethan McGarry , LCSW-C

Bethan McGarry (she/they) is a Licensed Clinical Social Worker, enthusiastic Baltimore City resident, and committed lifelong learner. Bethan has worked in settings from elementary school to in-patient psychiatry unit, and through in-depth experience in crisis care feels strongly that trauma-informed and person-centered connection is a vital path to healing at both an individual and a structural level. Bethan is committed to providing unconditional regard and a growth mindset in their therapeutic partnership, and enjoys supporting adolescents, adults, couples, and families in navigating life transitions and periods of adjustment. They strive to provide culturally responsive care to a wide range of individuals seeking counseling support. Bethan is committed to anti-racist, anti-oppressive, and LGBTQ-affirming care and brings both a systems-analysis and spiritual lens to therapeutic work. Bethan enjoys YA fiction, crossword puzzles, and coffee shops within walking distance, and has been gratefully involved with PBC since fall 2022 as a volunteer clinician, trauma consult group participant, and now peer group co-facilitator.

Bios:

Tanya Bryant-Nickens, LCSW-C

Tanya Bryant-Nickens is a clinical social worker (LCSW-C, LCSW), licensed in MD and VA, and is a certified Employee Assistance Professional (CEAP). She provides work-policy, mental health support and short-term counseling as an EAP counselor at a federal agency and serves as an integral member of its crisis response team. Tanya has worked with professionals in many industries for more than 15 years including the military, physicians, law enforcement personnel, journalists, and many other jobs that require exposure to trauma in the workplace. Tanya has her own practice where she serves individual professionals and couples dealing with trauma. Tanya is a mentor to new social workers, a wife, stepmother and Godmother and an avid Baltimore Ravens' fan.

NaTasha Benjamin, LCPC

NaTasha Benjamin is a Licensed Clinical Professional Counselor (LCPC), Certified Perinatal Mental Health clinician (PMH-C) and approved Clinical Supervisor. NaTasha has 20+ years of cumulative experience working in a variety of capacities serving individuals, families, and couples through difficulties experienced with mental health; starting in North Carolina and now in Maryland. NaTasha's difficult journey towards motherhood shifted her focus towards holistic wellness for BIPOC mothers, birthing individuals, and families as a PMH-C, full circle doula, meditation teacher, Reiki practitioner, and yoga instructor. NaTasha currently works as Lead Therapist for Black Girl Health Foundation, Inc.; focused on creating pathways to help women and girls of color improve their health through engagement, education, and empowerment. NaTasha is also a Board member for Stillbirth Awareness and Infant Loss Support (SAILS), a non-profit organization dedicated to helping those who have lost their child by letting them know they are not alone. Lastly, NaTasha has been an active volunteer clinician and clinical supervisor with Pro Bono Counseling since April 2022.